SDG 3: GOOD HEALTH AND WELL-BEING

Indicators 3.3.5 and 3.3.7 — Mental Health Support

Mental health support for students (3.3.5) and staff (3.3.7)

3	494	254	₹0
on-campus mental health programmes	student attendances	students offered free counselling	charge to students

Centurion University of Technology and Management, Andhra Pradesh (CUTM AP)

Tekkali Village, Nellimarla Mandal, Vizianagaram – 535003, Andhra Pradesh, India

Evidence report for Times Higher Education Impact Rankings · Reporting period: January – December 2025

3.3.5 The Indicators and Our Response

What Times Higher Education asks, and what CUTM AP reports for 2025

Indicator 3.3.5 asks whether the university provides students with access to mental health support — active promotion of good mental health, and access to (or signposting to) free or charged mental health support. Indicator 3.3.7 asks the same for staff.

In 2025 Centurion University of Technology and Management, Andhra Pradesh (CUTM AP) promoted good mental health among its students through two awareness sessions on its Vizianagaram campus (18 and 27 November 2025, 120 students each) and through its Healthcare on Wheels health programme on campus on 4 April 2025, which offered 254 students health screening together with workshops on mental health and free mental health counselling.

Element	Claim	CUTM AP evidence in 2025	Proof
3.3.5 Active promotion of good mental health (students)	✔ Yes	Mental health awareness sessions for students on 18 Nov 2025 (120) and 27 Nov 2025 (120); mental health workshops at the on-campus Healthcare on Wheels programme, 4 Apr 2025 (254 students).	Sections 1–2, Annex P
3.3.5 Access to free mental health support (students)	✔ Yes	Free mental health counselling for students at the on-campus Healthcare on Wheels programme, 4 Apr 2025.	Section 2, Annex P4
3.3.5 Access to charged mental health support	Not claimed	—	—
3.3.7 Mental health support for staff	Not claimed	No staff mental health programme is documented for 2025.	—

1 Mental Health Awareness Sessions for Students

Vizianagaram campus · November 2025

Date	Venue	Students	Proof
18 Nov 2025	Centurion University, Vizianagaram campus	120	Annex P1–P3
27 Nov 2025	Centurion University, Vizianagaram campus	120	Annex P1–P3
Total		**240**	



Resource person addressing students



Session in the university auditorium



Students attending the session

Source: activity register of the university's allied health team. Photographs supplied with the register.

2 Healthcare on Wheels on Campus — Screening, Mental Health Workshops and Counselling

4 April 2025 · Vizianagaram campus · 254 students

Date and venue	4 April 2025, Centurion University of Technology and Management, Vizianagaram
Students reached	254
Mental health content	Workshops on mental health and individual mental health counselling, alongside multi-station health screening (vital signs, haemoglobin, blood pressure, BMI, vision and hearing)
Cost to students	Free



Students being screened at the on-campus Healthcare on Wheels programme (Annex P4).

Source: Healthcare on Wheels event reports 2025, April 2025.

HOW THIS MEETS INDICATOR 3.3.5

Students are actively encouraged to look after their mental health through on-campus sessions, and have free access to counselling through the university's own health programme.

3 Summary of Evidence

Indicators 3.3.5 and 3.3.7 — Centurion University of Technology and Management, Andhra Pradesh, 2025

Element	Summary
3.3.5 Active promotion — Yes	Two on-campus mental health sessions (240 student attendances) and mental health workshops at the on-campus health programme (254 students).
3.3.5 Free access to support — Yes	Free mental health counselling at the on-campus Healthcare on Wheels programme, 4 April 2025.
3.3.7 Staff — Not claimed	No staff programme documented for 2025.

PROOF ATTACHED

- Annex P1–P3 – On-campus mental health session photographs
- Annex P4 – On-campus Healthcare on Wheels programme photograph

ANNEXURE P

Photographic proof

P1	**Mental health session — resource person —** On-campus session, November 2025
P2	**Mental health session — auditorium —** On-campus session, November 2025
P3	**Mental health session — students —** On-campus session, November 2025
P4	**Healthcare on Wheels on campus — 4 Apr 2025 —** Screening, mental health workshops and counselling for 254 students

P1

Mental health session — resource person

On-campus session, November 2025



P2

Mental health session — auditorium

On-campus session, November 2025



P3

Mental health session — students

On-campus session, November 2025



P4

Healthcare on Wheels on campus — 4 Apr 2025

Screening, mental health workshops and counselling for 254 students

